

WORLD UNIVERSITY CHAMPIONSHIP ORIENTEERING



BULLETIN 3

1-5 August 2024

Bansko - Bulgaria







WELCOME

Dear sportsmen and organizers,

It's great honor and pleasure for me to welcome you in Bansko. I am very proud and delighted that our town will host the 2024 FISU World University Championship Orienteering. Bansko have traditions of hosting various sport events. Orienteering races are held regularly here on our nice terrains. I will be happy if you are pleased with your visit. I believe that the orienteering courses, the nice views and the warm hospitality of the local community will contribute for that.

I wish all the organizers perfect conditions for holding the championship and all the competitors good luck and unforgettable experience. Enjoy your stay in Bansko.



Stoicho Baninski Mayor of Bansko

Dear athletes and orienteering friends,

On behalf of the organizing committee, it is a pleasure to welcome all participants of the 2024 FISU World University Championship Orienteering, taking place from 1st to 5th August in Bulgaria.

It is an honor and pleasant obligation for me and for all Bulgarian orienteers to organize World University Championship Orienteering in Bulgaria for second time since 2002. This great event for the orienteering world is going on in the year when the Bulgarian orienteers celebrate 70 years since the first O-race in our country. WUOC 2024 will be held in Bansko which offers picturesque landscapes and provide the perfect backdrop for this event.

We are happy that 30 nations have registered and we are looking forward to seeing you soon in Bansko. The Organising Committee has been working hard on preparing everything for the Championship week in August. We have chosen nice terrains for the event and hope for good weather and successful organization which will contribute to the good atmosphere of the championship. I am convinced that the championship will satisfy your high demands.

I wish you good success in the competitions and good memories from Bansko!



Todor Pedev Director of the 2024 World University Championship Orienteering





PRELIMINARY EVENT PROGRAMME

Monday, 29 July 2024	Arrivals and accreditation	EC	13:00 - 19:00
Tuesday, 30 July 2024	Arrivals and accreditation	EC	10:00 - 19:00
Wednesday, 31 July 2024	Model events	Motikata, Bansko	08:30 - 17:30
	First general technical meeting	EC	20:00
TI 1 4 4 1 10004	<u>Sprint</u>		
	First start	Bansko - centre	14:30
Thursday, 1 August 2024	Flower ceremony		17:00
	Opening ceremony		17:15 - 18:00
	Sprint relay		
Friday 2 Avanat 2024	Mass start	Razlog – centre	14:00
Friday, 2 August 2024	Flower ceremony	Razlog – centre	16:00
	Medal ceremony	Bansko - centre	20:00
	Rest day		
Saturday, 3 August 2024	Cultural activity	Bansko	
	Second general technical meeting	EC	18:00
	Middle distance		
Sunday, 4 August 2024	First start	Motikata	09:00
	Flower ceremony		13:30
	Relay		
Monday, 5 August 2024	Mass start men	Motikata	09:30
	Mass start women	Motikata	09:40
	Flower ceremony	Motikata	12:30
	Medal ceremony	Bansko - centre	18:00
	Closing ceremony	Bansko - centre	19:00
	Party	EC	19:30 - 23:00
Tuesday, 6 August 2024	Departures		

ORGANIZERS

On behalf of the International University Sports Federation (FISU), the 2024 FISU World University Championship Orienteering will be organized by:

- ASSOCIATION FOR UNIVERSITY SPORTS "ACADEMIC"
- ORIENTEERING CLUB "NSA-SIVEN"

In cooperation with:

- MINISTRY OF YOUTH AND SPORT
- BANSKO MUNICIPALITY
- RAZLOG MUNICIPALITY
- BULGARIAN ORIENTEERING FEDERATION

- → Event Director/Competition manager: Todor Pedev
- → Technical Director: Petar Doganov
- → Information and communication technologies Director: Victor Tsenkov
- → FISU Technical Committee Chair: Ola Kaberg (SWE)
- → National Event Adviser: Teodor Todorov







CONTACTS and INFORMATION

Website: www.uoc2024@abv.bg
Facebook: FISUOrienteering
Instagram: fisu_orienteering

EVENT CENTRE



Bansko is a town in southwestern Bulgaria, located at the foot of the Pirin mountain at an elevation of 950 m above sea level. Once mainly a stockbreeding and travelling merchant community, Bansko has become an international centre for winter and summer tourism and now it is a popular ski resort. The mountain peaks near the town, the numerous lakes and the old pine woods make it a popular site for recreation. The nearby village of Banya, located only 5 km (3 mi) from the town, is known for its 27 thermal mineral springs. In recent years Bansko hosts the annual Jazz festival in August and FIS World Cup alpine ski races in winter.

EVENT CENTRE: Mountain paradise and Sunrise hotel complex – Bansko – <u>41.832935</u>, <u>23.475566</u> The event office will be located in the Event Centre.

The hotel complex offers high standard accommodation with variety of apartments – studios, one-bedroom and two-bedroom apartments. They are furnished with a dining and resting place, refrigerator, TV, Wi – Fi, extra sofa bed. The complex is surrounded by a large garden with barbecue area and offers free Wi-Fi in the public areas. Guests can use underground parking, a 24-hour lobby bar and a well-equipped spa with indoor pools, sauna and steam room, a fitness center and a restaurant with 200 seats. The historical part of Bansko is a 5-minute walk away. There are various bars, restaurants and shops close to the complex.













ACCOMMODATION and FOOD

All participants will be accommodated in Mountain paradise and Sunrise hotel complex.

During the championship week the restaurant of the hotel offers breakfast, lunch and dinner for all participants. On some days due to the tight time schedule, lunch will be served at the finish areas of the competitions.

TRANSPORT

Transport by bus to/from Bansko will be arranged for the participants who arrive and depart at/from Sofia according to their arrival and departure schedules received by 1st July 2024.

ACCREDITATION

All teams must check in for accreditation at the Event office upon their arrival and obtain accreditation from FISU International Control Commission and from the Organising Committee (OC).

COMPETITION RULES

The FISU General Regulations for the World University Championships, the FISU Technical Handbook Orienteering and the Competition Rules for the IOF Foot Orienteering events (valid from 1st January 2024) will be applied in the event.

PARTICIPATION

Only the competitors, who satisfy the following conditions may take part in a FISU World University Championship in 2024:

- Athletes must be a national of the country they represent, at least 18 and no older than 25 years of age on the 31 December of the year of the event, for 2024, athletes must be born between the 01/01/1999 and the 31/12/2006;
- Athletes must be students who are currently officially registered as proceeding towards a degree or diploma, or former students who have obtained their academic degree or diploma in the year preceding the event at a university or similar institute whose status is recognised by the appropriate national academic authority of their country.

Each country may enter a maximum of seventeen (17) persons of which twelve (12) competitors with maximum of six (6) males and six (6) females and five (5) officials. Each country may enter in:

Sprint	six (6) males and six (6) females
Sprint relay	two (2) teams of two (2) female runners and two (2) male runners
Middle distance	six (6) males and six (6) females
Relay	two (2) male teams of three (3) persons and two (2) female teams of three (3) persons

REGISTRATION AND FEES

DEADLINES FOR ENTRIES

General entries	By 1 st February 2024
Quantitative entries	By 1 st May 2024
50 % deposit of participation fees	By 1 May 2024
Individual entries	By 1 st July 2024
Travel schedules of the delegations	By 1 July 2024
Balance of participation fees	Upon arrival/by invoice
Final confirmation of competitors	At the General Technical Meeting







All the general, quantitative and individual entries as well as travel schedules for each person should be filled in online, using FISU's online accreditation system at: https://accreditation.fisu.net/Pages/Home.aspx FISU has provided all National University Sports Federations the passwords for the system.

PARTICIPATION FEES TO THE ORGANISING COMMITTEE (FULL BOARD AND EVENT SERVICES)

- a participation fee of € 80.00 per person per night
- extra officials will pay a participation fee of € 160.00 per person per night

The organising committee will provide you with invoices by request for the payment of the participation fees or the fees may be paid to the following bank account:

IBAN: BG98BPBI81701745044116

Owner: NSA-SIVEN Bank POSTBANK BIC (Swift): BPBIBGSF

FISU REGISTRATION FEES

FISU shall receive from each competing country the following FISU registration fees:

- member-associations of FISU: € 20.00 per participant
- non-member associations: € 40.00 per participant

These fees will be invoiced to the participating delegations by FISU.

ACCOMMODATION BOOKING & CANCELLATION POLICY

1. Accommodation booking:

- The official arrival date is 30. July 2024
- The official departure date is 06. August 2024
- The organizers will book automatically accommodation from 30. July to 06. August (7 nights) for all
 the teams according to their registration information given in the individual entries and travel
 schedules of the delegations at the FISU Accreditation System and received before the deadline 1st
 of July 2024.
- If any of the teams plans to arrive earlier or depart later than the official dates and need accommodation, please contact the Organizing Committee before the individual entry deadline. The price for possible extra days is 80 EUR per day.
- The organizers will not be able to provide transportation for the teams in different from official arrival and departure dates.
- The participation fee of extra officials is 160 EUR per person per night.

2. Cancellation policy:

Cancellations must be made in a written by mail:

- For cancellations before 1st of July, there will be no charges and you will receive a refund of 100 % of the paid deposit of participation fee.
- For cancellations from 2nd of July to 14th of July you will be charged 50 % of the total costs of the participation fee.
- Late cancellations after 15th of July or no-shows will result in NO reimburse /the teams will be charged all the costs of the reservation.

Bank charges will be deducted from all the possible refunds.







3. Deposit and payment

50 % deposit of participation fees according to the quantitative entry information will be invoiced from participating countries in May 2024.

The open balance of the total participation fees must be paid to our bank account or at the Event Centre by the arrival date at the latest.

DOPING CONTROL

Doping controls will be organised during the championship in accordance with the FISU and the IOF guidelines

VISA REQUIREMENTS AND TRAVEL DOCUMENTS

Please check the following links with a list of all countries that need VISA to enter Bulgaria and information: LIST OF COUNTRIES GENERAL INFORMATION

INSURANCE

Each delegation shall have their own medical insurance, as the OC is only responsible for first aid on-site and transfer to the designated hospital, but any other diagnostic treatments or hospitalisation shall be covered by the delegation insurance.

PUNCHING SYSTEM

Touch free SPORTident Air+ punching system will be used on all events. Participants are asked to use their own SIAC card during the Championship. AIR+SI cards can be provided by the organiser upon request. Renting AIR+SI card is 10 EUR for all starts per card.

OPPORTUNITIES FOR TRAINING

Training possibilities can be provided by organizers upon request.

Maps can be purchased laser-printed.

Prices: Maps without controls, € 3.00 per copy, with controls € 5.00 per copy.

All enquiries about training opportunities should be addressed to the official e-mail of the event.

CLOTHING

There are no special regulations applying to runners concerning the type of clothing they choose to wear. The organisers recommend use of long trousers for the Middle distance and Relay races and shoes without spikes on the Sprint and Sprint relay.

LOCAL WEATHER CONDITIONS

Bansko is a place with a mild continental climate The average maximum daytime temperature in Bansko in August lies at 26.1°C. Usually it is the warmest month of the year. The average minimum temperature goes down to around 13.5°C.

Rainfall during August is moderate with an average of 47mm. This makes it the driest month of the year. There are generally around 6 rainy days. It is also invariably a very sunny time of year with 346 hours of sun during the entire month.







EMBARGOED AREAS and OLD MAPS

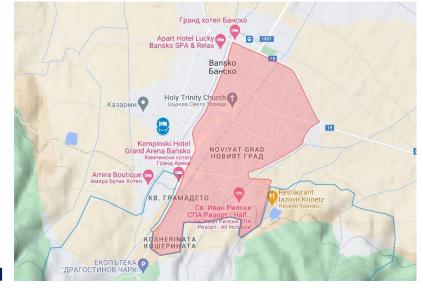
Visit the <u>interactive map</u> of the embargoed area and all available training areas.

With reference to the Competition Rules for IOF Foot Orienteering Events, the listed areas are out of bounds for all potential 2024 Championship Orienteering team members (competitors, team leaders, coaches, doctors etc.) and other persons who, through their knowledge of the terrain or the events, may influence the result of the competitions.

However, the paved public roads passing through these areas may be used.

There is an exception for the Sprint and Sprint relay areas. It is allowed to stay in Bansko, and Razlog to use public roads, but it is prohibited to organize in this areas training sessions, using maps, testing routes, etc. The centres of Bansko and Razlog are strictly forbidden areas from 31st July to the end of the respective

race.







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Links to a high-resolution color copy of the most recent version of any previous orienteering map(s) of the embargoed areas are published on our website <u>wuoc2024.eu</u>.

	Embargoed area	Previous O-maps (latest edition)
1.	Bansko (Sprint)	Bansko (2018)
2.	Razlog (Sprint relay)	Razlog (2009)
3.	Motikata (Middle distance and Relay)	Motikata (2016)







MAP DETAILS

Maps are drawn according to the International Specification for Orienteering Maps (ISOM 2017-2) and the International Specification for Sprint Orienteering Maps (ISSprOM 2019-2).

Sprint	
Мар	"Bansko", scale - 1:4000, contours interval - 2 m
	Mixed - urban and park area in the city centre of Bansko - 950 m above
Terrain	sea level. Partly park area with trees, grass and flowers and urban area
	without vegetation. Lots of fast paths and asphalt roads. Low traffic.
Course length	Women: 2,9km, 20m climb, 14 controls.
	Men: 3,5km, 20m climb, 15 controls
Estimated winning time	13-14 min.
Arena	BANSKO

Sprint relay		
Мар	"Razlog", scale - 1:4000, contours interval - 2 m	
Terrain	Mixed – urban and park area in the city centre of Razlog – 800 m above sea level. Partly park area with trees, grass and flowers and urban area without vegetation. Lots of fast paths and asphalt roads. Low traffic.	
Course length	Women 3,0km, 15m climb, 15 controls Men: 3,6km, 15m climb, 17 controls	
Estimated winning time	13-14 min. for each leg	
Arena	RAZLOG	

Middle distance	
Мар	"Motikata", scale - 1:10000, contours interval - 5 m
Terrain	Terrain between 1000 and 1300 m above sea level. Hill sides with moderate to steep slopes. Terrain with a lot of micro contours and stones. Varying vegetation on the ground. Mostly coniferous forest with very good runnability and visibility, but reduced in some places with denser vegetation. Good network of paths, roads and hiking trails
Course length	Women 3,9km, 210m climb, 16 controls
	Men: 4,8km, 260m climb, 20 controls
Estimated winning time	32-34 min.
Arena	CHALIN VALOG

Relay	
Мар	"Motikata", scale - 1:10000, contours interval - 5 m
Terrain	Terrain between 1000 and 1300 m above sea level. Hill sides with moderate to steep slopes. Terrain with a lot of micro contours and stones. Varying vegetation on the ground. Mostly coniferous forest with very good runnability and visibility, but reduced in some places with denser vegetation. Good network of paths, roads and hiking trails
Course length	Women: 3x 4,0km, 180m climb, 19 controls Men: 3x 4,9km, 230m climb, 23 controls
Estimated winning time	35-40 min. for each leg
Arena	CHALIN VALOG







TRAINING OPPORTUNITIES AND TRAINING MAPS

Training possibilities in relevant terrains prior to the championship. Maps can be purchased laser-printed. Prices: Maps without controls € 3 per copy.

Maps with courses: € 5 per copy.

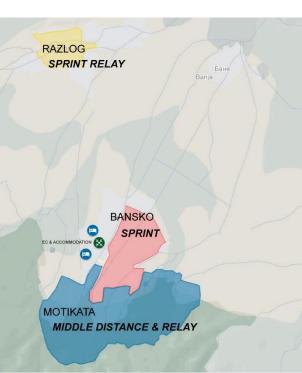
All enquiries about training opportunities should be addressed to the mail: wuoc2024@abv.bg

WUOC TOUR

5-days WUOC Tour will be held from 1st to 5th August, right after the championship competitions. Entries can be done on <u>orienteeringonline.net</u>. For more information please visit <u>wuoc2024.eu</u>

OVERVIEW MAPS





WELCOME TO BULGARIA FOR 2024 FISU WORLD UNIVERSITY CHAMPIONSHIP ORIENTEERING



